

## Day 9 – Shape

**Target Audience:** 3-5 (Pre-K)

**Space:** gym or classroom

**Length of Time:** 25 minutes

**Materials:** drum and stick, CD player, see music and prop list below

<u>Introduction to the Space</u>	<u>Duration</u>	<u>Music</u>
<b>Down By the Station</b>	<b>3 minutes</b>	<b>Songs for Dancing #1</b>

### **Hello Everybody**

Wave to different people – boys, girls, teachers, etc, using different parts of your body.

Sit Ready Position

<u>Warm Up</u>	<u>Duration</u>	<u>Music</u>
<b>Brain Compatible Warm Up</b>	<b>8 min</b>	<b>Brain Bop 1 &amp; 2</b>

<u>Concept Intro</u>	<u>Duration</u>	<u>Music</u>
<b>Body Shapes</b>	<b>7 min</b>	<b>Songs for Dancing #8</b>

**Shape Song** - Use visual supports for song sequence (downloadable from the book)

Tall as a tree, etc. (see notes in the book)

Teach each verse and put them together.

<u>Review activity</u>	<u>Duration</u>	<u>Music</u>
<b>Little Birdies</b>	<b>4 min.</b>	<b>Songs for Dancing #19</b>

<u>Activity</u>	<u>Duration</u>	<u>Music</u>
<b>Resting/Closure</b>	<b>3 minutes</b>	<b>Songs for Dancing #38</b>

Review shape concept of the day.